



## WHAT ARE IV and ORAL SEDATION?

Intravenous (IV) and Oral sedation are types of conscious sedation used to help make dental treatment a very pleasant experience. The patient is in a dream state, sometimes referred to as “twilight sleep”. The sedative medications are administered through an I.V. in the arm or hand or orally in pill form. With conscious sedation, the patient becomes very relaxed and drowsy so the dental treatment can be carried out comfortably. Because of the amnesia produced by the sedative agents, the patient feels that they have been asleep for most of the treatment. However, they have merely been sedated and have not been unconscious, as is a patient under general anesthesia. While the patient will feel quite alert after treatment, the sedative agents are not completely eliminated from the body for several hours afterwards. Therefore, patients who have intravenous or oral sedation need an escort to drive them home and remain with them for several hours. The risks and complications associated with any sedation include nausea, vomiting, allergic reaction, pain, inflammation and/or infection at the intravenous site, respiratory problems, drug reactions, paralysis, cardiac arrest, brain injury, and in extremely rare circumstances, even death may occur.

## INSTRUCTIONS PRECEDING IV SEDATION

**MEDICAL HISTORY:** Any personal illness, weakness, or allergy must be reported as well as details of any drugs being taken – especially sleeping drugs, tranquilizers, or cortisone medications. This includes over the counter drugs, street drugs, or prescription drugs. You **MUST** notify the doctor if you may be pregnant.

**PREPARATIONS:** No food or drink within six (6) hours of the appointment time and the previous meal should be light and easily digestible. A small amount of water may be used to take any routine medications as well as any prescribed for your appointment. Short sleeves should be worn as well as comfortable flat-heeled shoes that are easy to walk in. Dentures, glasses, and/or contact lenses should be removed prior to the appointment. Also, please no dark nail polish nor acrylic nails.

**FOLLOWING SEDATION:** An adult (18 years or older) must drive the patient home.

**NO WARRANTY OR GUARANTEE:** Warranty or guarantee is neither implied nor given regarding the success of sedation.

## ANY PATIENT ACCEPTING A SEDATION APPOINTMENT MUST SPECIFICALLY AGREE TO THE FOLLOWING:

- NOT to drive a vehicle or operate any machinery after sedation for the rest of the day
- NOT to undertake any responsible business matters for the rest of the day
- NOT to drink alcohol for 24 hours after sedation

I HAVE READ AND UNDERSTAND THE ABOVE ENTIRELY AND HEREBY CONSENT TO THE PERFORMANCE OF SEDATION AS PRESENTED TO ME.

\_\_\_\_\_  
Patient’s or Guardian’s Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Doctor’s Signature

\_\_\_\_\_  
Date